

Spiritual Activity and the Universal Law of Motion – Part III

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Indolence of Spirit

This brief segment focuses on the word ***Indolence***, that was mentioned many times in parts 1 and 2 of this piece.

By its very meaning, Indolence implies laziness, or conscious refusal to act. It may also be seen as inappropriate for a discussion of spiritual matters. Some may consider it rude, inconsiderate and perhaps dogmatic.

So, it is important to explain why the use of this word is necessary and justified, given the seriousness of the matter being discussed.

As was explained in parts 1 and 2 of this article, the Universal Law of Motion applies to all material and non-material entities and activities. Also, this law automatically takes us in the direction we choose, through exercise of our free-will, regardless of whether the end result is beneficial or detrimental to us. Through free will, we choose material or non-material pursuits.

But what happens when we recognize that we should be moving in a different direction than we are? This often happens with many who nurse the hopes of self-improvement, but are too occupied with attaining the goals that they are currently pursuing. Surely, such people are not lazy. They simply delay or procrastinate making the change that they feel is necessary.

However, the attributes of laziness include ***procrastination***, lack of motivation, making excuses, avoiding effort, disorganization, and a preference for leisure over productivity. And this often stems from a reluctance to exert energy despite the ability to do so. It also involves delaying tasks, failing to embark upon tasks, relying on others, and making up reasons for inaction, which can lead to missed goals and responsibilities. This expanded description of the word Laziness, covers all of the imagery associated with the word Indolence.

Therefore, a person who talks about spirituality, but procrastinates, or makes excuses to delay, or not follow the path laid out for it, despite having the ability to do so is by this definition, being lazy and Indolent. The use of the term in this context is not to condemn. Rather, it is an objective description of an actual state of that person's spiritual being.

For a person who is sincere about embarking on the journey, hearing this word and acknowledging it, may serve as the wake-up call to reassess all that has been distracting them from making the necessary effort. What they do with this wake-up call is up to their choice.

The story in the bible of the young rich man illustrates this point.

Matthew 19, Mark 10, Luke 18, tell the story of a wealthy young man who asked Jesus how to gain eternal life. Jesus told him to obey the commandments, which the man claimed he did. So, Jesus challenged him to sell all his possessions, give to the poor, and follow Him. But the man left sad, unable to part with his great wealth.

This young man was too lazy, i.e., reluctant to exert the energy despite his ability, to do what it took for him to attain the eternal Life, that he said he wanted.

Like the young man in the bible, many today are reluctant to exert the necessary energy, despite their ability, to embark upon their Spiritual development. Despite their being very active and exerting energy in other aspects of their life, they can be correctly described as indolent in Spirit.

It is in this neutral sense that the term Indolent (Lazy in Spirit) is used in this and all other articles on this platform.