

Spiritual Activity and The Law of Motion – Part 1

By Chuma Ikenze and Jim Leonhard

Introduction

The Creator imbued the universe with several laws that govern the workings of everything that exists. One of them is the Law of Motion. The focus of this article is how this law relates to man's Spiritual activities.

But what "Spiritual activity" means is not clear to everyone. We appreciate and understand the role and importance of the Law of Motion when it comes to our physical world, and our physical bodies. To this end, we have discovered and formulated the effects of this law in the disciplines of Physics, Chemistry, Biology, and the operation of the Cosmos. Also, today, we have a much better appreciation of the importance and role of this law with respect to our mental and emotional life. The discipline of psychology, which deals exclusively with our emotional being, has become so evolved that its basic tenets are now commonly used and applied in everyday language. Commonly used words or phrases like trauma, narcissistic behavior, anxiety, boundaries and emotional intelligence, are evidence that we now recognize and accept these as the manifestations of occurrences (activities) in our emotional life. We also recognize that our emotional life is separate from our physical life, which is governed by the experiences registered through our five physical senses.

But, how the law of Motion applies, or manifests in our Spiritual life is less obvious, or clear to many.

This writeup will try to explore this subject in some detail, in the hopes of helping us recognize how this law is at work in our Spiritual life.

But first, we need to establish a common understanding of what constitutes our Spiritual Life, and how and why it is separate from our physical and emotional life.

Although many speak of Spiritual life, or have heard of its existence, there is still much debate and lack of clarity about its exact nature. Nor is there a common name for it. Therefore, this aspect of our being, that many sense, is variously called the Mind, Gut, Soul, Spirit, or Psyche. (*The last term, Psyche, is increasingly preferred by many because they want to distance this aspect of their essence from the negative connotation cast upon the terms, Soul and Spirit, by millennia of religious malpractices.*) Nevertheless, we shall retain the terms Spirit or soul because these are the age-old names that have been used. Also, we dismiss the term Mind or Gut as suitable names for this essence because the Mind is the activity of our Intellect, which is tied to the activity of our brain, and the Gut, for many, is tied to our emotions or feelings.

We have dealt with the nature of Spirit in other blogs and podcasts featured on this channel. And, we have made numerous references to The Grail Message, of Abdrushin, as the clearest source of information on this inner essence of man. Therefore, in order not to take us too far afield from the main thrust of this article, we recommend that the reader who still seeks more clarity on the nature of his or her Spirit should consult The Grail Message for this knowledge.

Spiritual Activity and The Law of Motion – Part 1

By Chuma Ikenze and Jim Leonhard

This article will focus instead on the types of Spiritual activities in which we as human beings are engaged, the inspiration for these activities and how the Law of Motion propels them.

Overview of Spiritual Activities as they manifest today

For many, the word spiritual automatically conjures religion or supra-earthly activities. And, these “Spiritual” activities are seen in the diverse ways in which we search for meaning and purpose of Life. In addition to Religion other avenues include Philosophy and more esoteric paths, like Mysticism, Spiritism, the Occult, and meta-Physics.

But before we proceed, we should briefly examine these fields of man’s Spiritual activity, to establish a common understanding of what they entail, and the effects they may be having on our spiritual investigation and learning.

	Areas of Spiritual Activity Today	Commentary
1)	<p>Religion, for many means attending and performing the rituals and practices of their faith. This includes reaching out to the governing powers of their faith for help and comfort, in times of crisis. They do the latter through prayers or specified actions that may include offering a sacrifice or undertaking some personal obligation. For example, paying tithes, or denying themselves something that they find pleasurable. It may also include making a pilgrimage to a place deemed sacred by their Faith, as a sign of their commitment to the faith, or to draw extra “power” for their spiritual striving. For the very devoted, their Spiritual Life usually involves a regimen of daily or frequent study of the doctrines of their faith.</p> <p>Most Religions are based on teachings of those who were sent to deliver Truths, or Universal principles (codes of conduct) by which human beings are expected to conduct our lives and affairs here on Earth.</p>	<p><i>Unfortunately, subsequent leaders of most religions introduced ideas of their own, through their interpretations of the tenets of the original teachings. Sometimes, these interpretations were intentionally given to control the members of their congregation, as a stepping stone to acquiring worldly power. Even where the faulty interpretation was unintentional, it prevented the natural progression of Spiritual learning. For example, the interpretation of Jesus Christ’s death on the cross has created more confusion and conflict within the Christian Faith. Confusion that has consumed energy that would otherwise have been spent in deepening the believer’s understanding of the practical application of the Truths contained in Jesus’ teachings, and that should have helped us to realign the conduct of our lives and affairs, here on Earth and beyond, in accordance with the Universal Principles of Life.</i></p>
2)	<p>Philosophy, from the Greek for "love of wisdom," is the systematic study of fundamental questions about existence,</p>	<p><i>Since this approach relies on critical thinking to explore, one can see right away that its activity is invariably bound to the</i></p>

Spiritual Activity and The Law of Motion – Part 1

By Chuma Ikenze and Jim Leonhard

	<p>using critical thinking to explore life's big questions of "why", "What is real?" or "How should we live?". It is a way of thinking that involves deep reflection, questioning assumptions, and seeking deeper understanding to guide how we think, act, and live more wisely. Its newer extension, described as Meta-physics, seeks to understand the essence of reality and the structures that govern the universe, beyond that which science can see or ascertain, but whose existence can be inferred, based on the trajectory of scientific advancements.</p>	<p><i>scope of the thinker's intellect. Meaning that it is unlikely to be helpful in accessing any knowledge that lies outside the scope of the intellect's activity. But this is where the true field of Spiritual activity can be found, because these activities are of a different essence and nature which the Spirit needs for its own development.</i></p>
3)	<p>The occult refers to hidden, secret, or mysterious knowledge and practices dealing with supernatural or paranormal forces. That is, forces beyond the scope of normal science or organized religion. This may include magic, witchcraft, or divination (like tarot, astrology).</p>	<p><i>Although this field of activity dabbles in using forces beyond the scope of normal science, it too relies to a great extent on man's interpretation of the effects of the observed forces. And without the development of our Spiritual faculties, these interpretations are invariably subject to man's thinking, which is grossly inadequate for that purpose. The result is that the dabblers draw wrong conclusions about the purpose or the proper usage of these powers. This fact should give pause to an objective person to wonder if such practices are not irresponsible? Especially when the user does not know, or has not established, how such forces can be used "safely". The disastrous consequences from similar oversights in developments in our material world should serve as warning. For example, the ignorant exposure of society to the subsequently discovered hazards of lead poisoning, radiation poisoning, pesticide poisons (like DDT), and the indiscriminate use of asbestos.</i></p>
4)	<p>Spiritism/Spirituality is centered on communication with discarnate human Spirits, i.e., Spirits who have died and are now living in other dimensions of the universe. Spiritists look to these sources</p>	<p><i>This field of activity endeavors to use the non-material aspect of our essence to effect communication with the non-material. In this respect, it is on the right path, as it is trying to investigate the supra-earthly with</i></p>

Spiritual Activity and The Law of Motion – Part 1

By Chuma Ikenze and Jim Leonhard

	<p>for information to guide moral progress on earth. They achieve this through mediums who serve as channels for communication between the earth and the supra-earthly. Spiritism blends the purer tenets of religious teachings, philosophy, and spiritual science.</p>	<p><i>a tool that is more suitable for this. However, the challenge arises when it comes to translating what is received or perceived from the beyond into terms that are more suitable to the earthly condition. Life in the beyond operates in a different dimension of time and space. Therefore, it follows, even from modern understandings based on the theory of relativity, that the nature of reality will be different in the different dimensions. Therefore, adopting or implementing what we perceive or receive without understanding the different ways in which reality manifests in the dimension of the beyond with which we, or the medium, are communicating can lead to premature and detrimental decisions for life on earth.</i></p>
5)	<p>Mysticism is the pursuit of direct, intuitive communion with the “<i>divine</i>” or ultimate reality, beyond rational understanding. This is attempted through intense contemplation, meditation, or “<i>spiritual experience</i>”. The aim here is usually for “union” of the individual with <i>The Universe</i>, with an emphasis on “<i>inner knowing</i>” over external doctrine. In effect Mysticism tries to access spiritual truths that are not available through senses or logic. Mysticism is also found within faiths (e.g., Sufism in Islam, Kabbalah in Judaism, Mystics in Christianity and many Eastern religions). It is also found as part of some of the new age philosophies and practices.</p>	<p>The challenge with Mysticism is its lack of structure or definition. This makes it more difficult to objectively determine whether, and how one’s Spirit is progressing in its development. Also, its lack of clarity exposes the field to the activities of unscrupulous charlatans who become spiritual highway men for the unwary. It can also give reign to one’s fantasy or imagination, which can entrap the unwary in a self-created delusion, that is mistaken for reality.</p>
6)	<p>Agnostic/Free Thinkers/Atheist - A sizable proportion of modern society would fall into this category. These are people who “believe” that man cannot know, for sure, if God or a higher power exists. Though they neither confirm nor deny HIS existence, they focus on this lack of proof to justify their staying</p>	<p>Agnostics, in particular, interpret or see their neutral stance as evidence of their being <i>very objective</i>. However, “<i>their demand for proof</i>”, without making the effort themselves to ascertain such proof, already exposes their lack of objectivity. Indeed, one could justifiably describe this attitude as a clear sign of indolence,</p>

Spiritual Activity and The Law of Motion – Part 1

By Chuma Ikenze and Jim Leonhard

neutral on the big questions, like the afterlife. Believing that just saying, "I don't know, and maybe no one can know" is good enough reasons for their stance. This is different from the atheist who declares outright that they do not believe in GOD.	especially if one has been endowed with the faculty to investigate, and they refuse to use it. Strange as it may sound, indolence of Spirit is reflected in the conscious or unconscious reluctance exert oneself to seek answers the questions about Life, as demanded by the Law of Motion!
--	---

One can see from the foregoing, that, contrary to widespread belief, there is indeed much "Spiritual" activity in our modern secular societies. And our Spirits are also being propelled, by the Law of Motion, in these Spiritual activities, whether we are aware or not.

Another Consideration

Another point that we need to note before going further is that the existence of laws implies the existence of a higher Governing Principle. And that laws are actually subsets of this Higher Principle. In fact, laws are in place to guide or move towards maintaining or attaining the objective of the Higher Principle. To illustrate, the constitution of a country is its highest Governing Principle, and the laws of the country, i.e., its statutes, are enacted to ensure or guide towards attainment of the higher principles, stated in the constitution. Furthermore, the activities of the citizens of the country are expected to conform with the laws, which should then lead the law-abiding citizen to realize the higher goals enshrined in the constitution of the country.

If we apply this analogy to man's Spiritual activity, it would mean that abiding by the Spiritual Laws of Creation should automatically lead the Spirit to attain the goals set for the Spirit by the Supreme Guiding Principle (The Creator). Therefore, true spiritual activities should lead the individual towards true Spiritual development, which would in turn manifest in greater harmony and peace in the individual, and for society when the majority or many are thus developed.

But it is painfully obvious that this is generally not the case for man today.

In Part 2 of this article, we shall explore why, despite the flurry of Spiritual activities and the fact that the Law of Motion is also at work in propelling the movement of these activities, we have failed to make much progress in our spiritual development.