Consequences and Responsibility – Power of Thought

Some modern-day crises that are traceable to man's thoughts and actions.

Most people associate the power of thoughts with a desire to achieve big ticket items like wealth, health, love, happiness, etc. Leaving many with the impression that the power of thought can only come into effect when it is directed at such things.

But, as long as a person is conscious, he or she is generating brain waves, and therefore thoughts.

The average person generates a plethora of thoughts on so many different things, on any given day, many of which may not be specifically goal oriented. Nevertheless, such thoughts accumulate in the thought environment and, in the resulting intensification influence behaviors that can create a crisis for the individual or for society.

Although observers can only see executed actions, actions are first preceded by a desire followed by the thoughts to put the desire into action. The person entertaining the desire knows that each of these steps are discrete steps that take place in the mind and later in the physical act. The desire followed by thought generation usually happens so fast, that it may appear as a single step.

Since everything is energy, this tells us that each step must release its own corresponding energy, which a very perceptive person experiences and feels deep within. The desire releases a strong yearning (longing). Thought energy creates a clear blue print, in the mind, of steps to be taken (the plan). Physical energy is expended in putting the plans into action. Thus, each of these discrete energy types are always released with every act.

Released energy, even when channeled, is not always fully utilized. Therefore, the unused portion is available, floating, so to speak, in its corresponding surrounding energy field.

Anyone who has been to a gathering where many likeminded people are assembled, for example, a pop-music concert, a sporting event at an arena, or a mass rally, will readily attest to the inexplicable, but very palpable mutual influencing that usually takes hold of the participants.

Social psychologists have developed several theories for explaining the ways in which the psychology of a crowd differs from and interacts with that of the individuals within it[1]1. This phenomenon clearly indicates that thoughts generated by the people in the group have an interplay with each other's (attract and interact) to produce a heightened effect on people with similar thinking in the group. In order words, the attraction, interaction and enhancement of similar thoughts.

Like the wind, free flowing energy is not containable. The extent to which it can travel, or spread is, again like the wind, determined by its intrinsic power or intensity. That being the case, a keen thinker will appreciate that a thought, once released, could be attracted by similar kinds floating anywhere around the world. This attraction invariably leads to an accumulation of similar thoughts, which, themselves, become intensified. The greater the intensification, the greater the ability of the intensified thought to

[1]Crowd psychology, also known as mob psychology, is a branch of social psychology

inspire or propel someone towards activity, as is often observed at mass gatherings such as the examples mentioned above.

Now let's us review the implications of the foregoing steps and interactions for many of the very common thoughts that are generated by the millions to day, and to which attention is seldom paid. The three that we will discuss are:

1 –the wish for payback to someone who has offended us, even when we have no intentions of implementing the revenge ourselves, regardless of whether it is strong or fleeting;
2 – the desire to appear desirable or admired; for example, "wanting to be sexy for my spouse or admirer"
3 – a silent begrudging, resentment or general disenchantment at other people's success.

Before we continue, let us remind ourselves again of the process that we will be reviewing:
- All thoughts release energy, even if of varying intensity.
- Similar thoughts are attracted to each other.
- Intensive or intensified thoughts eventually inspire or propel the originator or someone nurturing a similar desire into action.

Now, let us take a closer look at possible consequences of this seemingly "innocuous" release of thought energy.

Payback thought energy – the very essence of this energy inspires, or fosters the lack of desire to forgive, or to resolve a wrong experienced, until one's own "pound of flesh is extracted".
When the surrounding thought field is infused and intensified by this type of energy, under the operation of the process of intensification, is it any wonder that this would lead to the inability to arrive at peaceful resolutions of conflicts? Such as we are experiencing world-wide today?

Desire to be admired – the usual intention of the producer of this thought energy is to enhance their image. Most often, its purpose is to stimulate attraction and to stimulate the sexual energy of the target (spouse, etc.) for the producer's own benefit. But as mentioned above, thought energy, once released, can be attracted to others of a similar kind, and produce an effect on others that the producer never intended. How the indirectly affected respond, or implement the effects of the his or her intensified similar thought forms could be very different from the producer's own intentions. The producer of the thought may have had in mind a mutual and desired expression of sexual intentions with their partner. But what happens when the released thought contributes to intensify the desires of one who, not having a willing partner, is yet driven to action? The result, as we can infer, and are now witnessing every day, is perhaps the growing incidence of helpless rape victims and various forms of sexual abuse. Also, anyone who has watched the National Geographic, or Nature documentaries on predators in the wild will be struck by how the first and primary targets of predators are always the young, and then the weak or infirmed of their preys. Is it therefore inconceivable that the alarming and growing worldwide incidence of child pornography, and sexual abuse of young girls is simply the consequence of a surrounding energy field that is highly charged with thoughts directed at eliciting sexual response and activity? Thus influencing the sexual predators, and "firing them up" to go after the most vulnerable in society?
This should give pause to consider whether, perhaps, women, for example, who want to dress in an enticing manner, in order to be sexy for their partners, spouses or the public, are not inadvertently contributing to endangering the most vulnerable members of society i.e. their unprotected fellow females, young girls and children? There is also growing incidence of rape of young boys, perhaps a reflection of the growing trend in the perception of the male species also as a sexual object?

The foregoing is not to imply or suggest that spouses should not endeavor to look nice for each other. Or that one should not make the effort to project true beauty. True beauty, however, invariably reflects modesty. This example also highlights the very poignant point regarding the independence of the three elements that drive man's activity. The desire stands by itself, while the thoughts (plans) are also independent, though initiated by the latter.

The manifestation of the thought forms, and the actions that emerge are then determined by the nature of the perpetrator! The initiating desire has its own native nature. But how it manifests through sexual gratification will reflect the nature of the one who puts it into action. Thus, gruesome sexual acts could manifest from the same desire through one person, and very differently through another person.

Thus, it is that the excessive desire for sexual attention (i.e. wanting to be sexy) that is very common today, is only feeding a surrounding energy field, which is then manifesting, good or bad, according to the nature of the actors.

This picture may be very disturbing for many, seeing as how so much of today's fashion, attitudes and thinking are infused with the desire to be sexy.

But facts are facts. The laws or processes operate, whether we are aware, like them, or not.
Hopefully, any serious and genuine person, upon gaining this knowledge, would wish to back track, even if it will be difficult, and goes against the popular current. Besides, it needs to be mentioned that a sense of modest beauty does not necessarily involve eliciting sexual desire. Therefore, everyone needs to be honest to themselves as to their innermost objective in wanting to look beautiful or handsome. Regardless of the cloak that we apply, the innate nature of our true desire is always released, to then take effects, according to the (Laws) or processes.

Another important lesson that this knowledge should offer is that sexual phantasies are not as harmless as its promoters and practitioners would like to believe.

Finally, it should be stated, that nothing in this analysis suggests, or condones blaming the victim of any sexual assault. The important thing that is added is that through the activity of thought energy, there are many unseen and unknown contributors who are inadvertent enablers of the crime. These enablers could include the victim, persons close to the victim, or total strangers, at the other end of the globe. What a sobering thought!

Begrudging resentment, or disenchantment with other people's success – the essence of this energy spurns envy. Envy prevents a willing and cheerful collaboration with others.
There is no gainsaying the fact that many relationships, international as well as intra-group relations are tinged, if not beclouded with thoughts of envy. Thus, nations envy and try to undermine each other under the guise of competition, survival or security. Many groups or societies constantly experience internal strife, bickering and splits because of quarrels or rivalries fueled by envy. This is true in secular, religious, social and even spiritual movements. Even within families, spouses, siblings sometimes envy each other, resenting the other's success.

Chances are that many may not readily admit this common and pervasive wave of emotion that emanates from many of us. However, denial does not negate the operation of creation's laws of consequences, when it comes to the conscious or unconscious release of thought energy associated with envy. Many

wars, past and present, are the results of the devastating effect of the accumulated and intensified energy emerging from thoughts of envy.

Power of Good Thoughts

Although the foregoing examples have highlighted, in detail, the consequences of some common negative and pervasive thoughts, it should be stated that thought energy can also inspire or propel towards actions that result in positive consequences.

Thus, thoughts that are born out of true love, and the desire to offer true selfless service to others can equally inspire and influence others, with similar desires, into action, for their own, and the greater good.

The desire of all people of goodwill is that someday these types of positive thought energy will become more pervasive, and will, by law, be reflected in the operation of society. And will change the nature of interaction between people, from conflict and strife into collaboration and mutual support.

A Way Forward

Almost 100 years ago, Abdrushin, the bringer of the Grail Message, affirmed the fundamental and pivotal role that thoughts play in ALL of man's activities. From the simplest to the most sublime. It would be perhaps illuminating to end this discourse with a brief excerpt of what Abdrushin said about the power of thoughts.

"If you could but once see how the immutable Justice of God's All Holy Will is always fulfilled in the self-acting Laws of this Creation for every single thought you harbor, you would strive with all your might to attain purity in your thinking!...
The foundation for the up building of a new humanity, which you cannot and must not evade, rests in the one sentence: Keep the hearth of your thoughts pure! And it is with this that man must begin! That is his first task which will make him what he must become. An example to all who strive for Light and Truth, who wish to serve the Creator gratefully through the nature of their whole being. He who fulfils this needs no further directions. He is as he should be, and will thus receive the full measure of help that awaits him in Creation and leads him upwards without interruption….."

Abdrushin – In The Light of Truth. Vol 1, Lecture "The First Step".