## About ANA Channel

Welcome to ANA Channel, dedicated to creating video and podcast messages aimed at awakening and increasing humanity's awareness of our Spiritual purpose, duties and responsibilities.

Through The Grail Message written by Abdrushin, in the 1920s to 1930s, the promoters of this channel have become aware that the real essence of the human being is Spirit and that there are fundamental laws that affect a human Spirit, as it operates and exists in Creation (i.e. lives its life).

Hopefully, the listeners to these videos or podcast will come to realize that these laws operate regardless of whether the human being is aware, or pays any attention to them. The unavoidable consequences for abiding by or violating these laws is what is variously described as Fate, Karma, Wages of Sin, or Blessing.

Since the essence of a human being is spirit, it follows that all activities of a human being should rightly be described as the actions of a Spirit. The quality, or outcome of these activities only reflect the degree of the individual's awareness of their Spiritual essence, and the laws governing the activities of the Spirit.

Seen from this perspective, even activities that many consider to be non-spiritual ultimately have Spiritual repercussions, or rewards for the actor. With this, the mistaken notion of a separation of the Spiritual from the Temporal is immediately eliminated. Thus, it behooves everyone who desires, to now seek to develop spiritual awareness and to recognize how to apply this awareness to all activities, great and small.

Therefore, this channel endeavors to look at every situation of life from a Spiritual perspective, and in so doing attempt to identify potential Spiritual lessons that they may contain for the individual, because it is only through this lens that the real essence of the human being, that is the Spirit, can learn to develop awareness, and to grasp the laws that govern the activities of each Spirit.

As stated earlier, Spiritual awareness is not the ultimate goal for the Human Spirit. It is just the first and vital step to the recognition of the Spiritual Laws, whose understanding can then lead gradually to a recognition of the Spiritual purpose, duties and responsibilities of a human being.

The combined recognitions also show that Life is a process, a journey, and that many paths can ultimately lead to the eventual goal, even if some take one through detours that are full of painful experiences.

Through recognizing, acknowledging and accepting the infallibility of these Laws, the awakening Spirit will develop a deeper grasp of concepts which many long for, but are confused about, or

which feel out of reach. For example, recognizing the Justice and Love that lie in painful experiences. Or reconciling the seeming contradiction of the notion of a person's Free Will, when the existence of Laws that appear to "punish" an individual's exercise free will to choose.

But the ultimate recognition to be gained, which come very slowly at an advanced level of Spiritual awareness, is the conviction that indeed, there is a higher order that is responsible for the coming into being of Creation, i.e. the Cosmos (seen and unseen), as well as all creatures that exist within this cosmos, including the human being.

This ultimate recognition leads to a voluntary submission to the principles (i.e. the laws) or the Will of the Creator as being paramount. And the grateful acceptance of the regenerative opportunity offered any painful suffering that may result from going against these inviolable principles.

Another result of a growing spiritual awareness will be an expansion of the human being's concept of Time and Space, from where influences come that shape events in our lives that confound us.

It should be mentioned too that the Spiritual perspectives and insights presented in the video's and podcasts featured in this channel are strictly their authors' understanding of concepts they may have garnered from reading the book "In The Light of Truth", (The Grail Message) by Abdrushin, or any other sources that reference in their writings.

However, the listener, who finds the topic and insight presented to be enlightening, is encouraged to investigate The Grail Message for themselves, in order to see what more they may discover for their own Spiritual enlightenment on the particular subject, or any other that they may be grappling with.