

Part 2 – Understanding the Laws that give meaning to Living

These Laws govern every aspect of our daily life, from the simplest to the grandest.

Our likes and dislikes, the people we find around us, the country or race into which we are born, our skills, the family circumstances and era into which we are born are all governed by the immutable laws of Creation. And the laws affect in such a way as to give us the experiences that we need to learn spiritual lessons and thus gradually become Spiritually alive.

Perhaps the challenge for many is in grasping what it means to be spiritual, because our key concepts on this matter are still based on our physical or emotional being.

For example, the notion of **“After-life”**, which is closely associated with the Spirit is founded on the notion of ***the end of physical life***.

Perfection, another concept that is commonly associated with being Spiritual is ***rooted in our emotion or imagination***.

With these as foundation, it is no wonder that we unconsciously view Spiritual as a refinement of our physical and emotional being. The consequence is that an individual’s appreciation of what it means to be spiritually alive automatically shrinks down to their corresponding individual level of consciousness. If rooted in the physical, Spirituality for them becomes narrowed down to the search for the a more trouble-free and “better” material living standard.

When rooted in our emotional live of imagination, Spirituality translates to engaging in philosophical discussions, or the search for utopia, but one that must be grasped by our physical senses.

Because all four levels of consciousness can exist within every human being, each level of consciousness can feed into and influence the other. Therefore, for example, the mind can influence or override the physical, as occurs when we intentionally do things that we know could endanger the body.

The opposite happens when the body's intelligence/instinct for survival is so strong that it overrides the promptings of the mind, or other higher levels of consciousness.

The same can be said of the influence or relationships between the Spirit, the emotion, the mind or the body.

Therefore, the most developed level of consciousness of the individual always exerts the strongest influence or override on the other levels of consciousness.

For modern man, the strongest influence is exerted by our more highly developed physical and mental consciousness. Although most people react and experience interchangeably at any of the three levels of physical, mental or emotional, depending on the situation. Seldom do we find people who permanently experience and live at just one level of consciousness.

Just as emotional responses are incomprehensible to the purely logical mind, and vice versa, so too is spiritual awareness incomprehensible to our emotional, or mental intelligence.

To cross beyond the boundary of the mind and the emotions (i.e. the brain and the heart) requires the use of another tool, or requires us to redevelop the ability to listen to "spiritual guidance from above", as man once did before we actively developed the mind/intellect.

Human beings possess this tool that operates above the level of the mind and our emotions. It is called the Intuition. But this is not the same as what many popularly think is their Intuition. Many erroneously call their feeling, imagination or unspoken desires, their intuition.

The foundation for uncovering and properly using the true intuition lies in the recognition, acknowledgement and strict submission to the higher wisdom that guides all of existence, i.e. what the sages have described as The Supreme Principles of Life, The Laws of GOD, or The Laws of Creation.

Just as no progress can be made in science without regard for the laws of nature, so too will no one be able to become spiritually alive without regard to these laws.

Most people will admit that numerous efforts have been made in the past, down to the present, to bring knowledge of this wisdom to mankind. This is evident by the presence of many different spiritual and religious circles/movements.

But the fact that this wisdom has still not taken root to lead mankind into becoming Spiritually alive is a clear indication that we must be assimilating the teachings, that should have led to wisdom, at the level of our physical, mental or emotional understanding, and not doing enough to reach for its higher Spiritual content and meaning.

This reasoning is supported by the material underpinning of much of today's spiritual and religious activity. For example, most religions (the supposed custodians of the wisdom of the sages) give primary importance to rituals, physical structures, organization and hierarchy.

This focus on the physical has inevitably led to place hunting and dogma that is used by those in the hierarchy to control the others.

Those who are emotionally inclined tend towards cultivation of piety which, in their desire for recognition, soon degenerates into false humility, extreme ascetism and other flights of phantasy. The result is a long series of actions on the part of many believers who thereby succeed in discrediting the promise that each teaching held for mankind.

In time, even the believers lose hope and faith as they are unable to find the inner peace that they hoped for. Only very few, who have been exposed to any, or all of these efforts to bring wisdom to mankind, have succeeded in making the transition into becoming Spiritual. Yet, Spiritual consciousness must be developed if one is to attain the highest and widest perspective from everyday experiences.

Hopefully, we can now see, from the foregoing, that by remaining spiritually unconscious, it is impossible for anybody to reap the rich spiritual benefits that

are contained in all of our daily experiences, regardless of whether they are pleasant or not. Missing out on the opportunity to learn spiritual lessons because of ignorance only prolongs the extent of our suffering. The law of karma, for example, does not guaranty that a person will learn the appropriate lesson from their experience. Yet, until the lesson is learned, the person is bound to keep having similar experiences. The intensity of the experiencing will also increase if, instead of changing, the person continues along the same path, to incur more karma.

Becoming spiritually alive does not mean that the consciousness at the other levels will disappear or wane. On the contrary, they will continue, but now more strongly influenced by Spiritual knowledge and recognitions. Thus, the physical awareness that has fueled the exploration of nature and other scientific endeavors, and the emotional awareness that has been the underpinning to the arts and artistic endeavors will continue. But this time, both will be geared towards ennobling activities which will allow for the reign of peace and harmony on Earth. And it not impossible to also see that under such Spiritual guidance humans can expect to make even greater strides in our physical and emotional endeavors as the negative energies now spent in these areas will now be directed at the positive and thus lead to even a more rapid and much greater advances in the sciences, arts, and cultural and social arenas.

The excerpts below, from the book “In the light of Truth” (The Grail Message) by Abdrushin should, hopefully, give the reader an idea of why it is urgently important for everyone to become and remain spiritually alive.....

“Bear in mind that every life on earth is a short time of schooling, and that you yourselves do not cease to exist when you lay aside your physical body. You will continually live or continually die! Continually enjoy bliss or continually suffer! Whoever imagines that with earthly burial everything is also ended and balanced for him, may turn and go his own way; for he is only trying to delude himself thereby.

Horried, he will come face to face with the Truth and... will have to begin his path of suffering! His true self, deprived of the protection of his body, whose density surrounded him like a wall, will then be attracted, enveloped and held fast by what is homogeneous....." Lecture:" **Ascent** " – "In The Light of Truth" (The Grail Message)